



## Module 10

# First Aid

## Requirements of the Module



**Module 10 delivers the skills and knowledge necessary to enable adults to manage an incident and provide basic first aid.**

### Certification

**A First Aid certificate is required. Courses are provided by Scouting (e.g. District) but can also be attended outside Scouting (e.g. the workplace).**

Some professions, by the nature of the job, will have a first aid element; for example, Nurses, Midwives, Police Officers, Medical Practitioners, Members of HM Armed Forces, Paramedics, Fire officers. To exempt these professions from undergoing more first aid training, they are required to provide evidence of an up-to-date qualification which should meet the criteria for what is considered our minimum standard (as listed below). With regards to 'evidence', this can be a certificate or an official letter confirming the necessary areas have been met.

**For further information** see First Aid and First Response under Training in [scouts.org.uk](http://scouts.org.uk)

### Checklist

Do you hold a First Aid certificate for a course covering the following criteria?

- The principles of first aid and initial response (arriving and managing an incident)
- Initial response to a first aid situation
- Management of an unconscious casualty (child or adult)
- CPR, including the different techniques for adults and children, and an explanation of what AED is and how to use it
- Shock and why it is important to know about it
- Causes and treatment of unconsciousness
- Bleeding
- Heat exhaustion, heatstroke, dehydration and hypothermia
- Burns and scalds
- Fractures (ambulance imminent and non-imminent) and soft tissue injuries
- Minor injuries (for example cuts, grazes and nose bleeds)
- Meningitis
- Anaphylaxis (use of Epi pen)
- Spinal injury
- Signs, symptoms and initial treatment for key ailments

### To validate this module the learner will need to:

1) Hold a current first aid certificate that meets or exceeds the minimum standard of First Response (see checklist).

2) If a first aid certificate that does not cover the minimum criteria of First Response is held, you must demonstrate to your Training Adviser that you have developed the knowledge and practical knowledge to address the additional criteria in a first aid incident.

**N.B. All First Aid qualifications are valid for a maximum of 3 years.**

Your first aid certificate must also be current at the time that you are awarded your Wood Badge and at your appointment review.